

International Scholar Laureate Program
Delegation on Nursing & Health Care
Republic of South Africa
Sample Schedule

Day 1 Arrive in Johannesburg

Welcome to the International Scholar Laureate Program
Arrival in Johannesburg and Check in at Hotel
Welcome Dinner and Program Welcome
Evening at Leisure

Day 2 Nursing in South Africa: A Comprehensive Look at South Africa's Health Care System

Team Breakout Session: Identifying Goals and Networking with ISLP Scholars and Advisors
Keynote Speaker: Overview of South Africa's Health System
Structure of the System and Services Provided
Factors Influencing the South African Population's Medical Needs
Discrepancy in Care: Public and Private Hospitals
Apartheid Museum: History Revealed — On-site Exploration
A Tribute to Nelson Mandela
Impact and Experience of Race Classification
The Continued Struggle for Equality
Independent Evening Exploration
Group Preparation for Cultural Exchange at Youth Center Visit
Plan Games, Songs, and Stories to Share Your Culture
Learn More about Responsible Cultural Exchange

Day 3 Soweto Township: A Glimpse Into the Country's Rich Political History

Team Breakout Session: Revisiting Your Goals and Navigating Your Personal Career Path
Soweto Township Visit
Explore the Historical and Cultural Significance of Johannesburg
Walk Vilakazi Street, the Street of Nobel Peace Prize Winners
Visit to a Local Youth Center
Engage with Youth Through Your Prepared Activities
Led by Local Staff, Practice the Importance of Ethics in International Travel

Day 4 The Future of Nursing: Training and Preparation

Inside a Nursing Education in South Africa
The Making of a Nurse: Nursing Curriculum in Universities
Role of South Africa's Nurses
Challenges of Nursing in South Africa
Nursing Perspectives on Pandemics: Providing Patient Care
Equipping Nurses to Deal with HIV and TB
Playing a Significant Role in South Africa's HIV/AIDS Strategy
Networking and Lunch with Nursing Students
Hospital Visit

- Day 5 From Bustling Johannesburg to Beachside Durban**
 Transportation Provided from Johannesburg to Durban
 Afternoon at Leisure and Optional Excursions:
 Exploring the Beautiful Beaches of Durban
 Ushaka Marine World: Africa's Number One Theme Park
 Evening Hotel Check-in
- Day 6 Caring for the Community**
 Team Breakout Session: Revisiting Your Goals and Navigating Your Personal Career Path
 Visiting a Private Hospital in Durban
 Hospitals in Action: On-Site with Nursing Staff
 A Training Ground for Nurses
 An Intimate Look at Private Healthcare
 Evening at Leisure
- Day 7 Health Care Perspectives: NGO Visits and a Look at Traditional Healing**
 Team Breakout Session: ISLP Project Guided Working Session
 Understanding the Tradition of Healing
 Guided Exploration of the Muti Market
 A Sangoma's Role in the Village
 Herbal and Other Remedies
 Examining Social Services and Health Education Initiatives
 Site Visits to Non-Governmental Organizations' Projects
 The Vital Role of Grassroots Organizations
 Taking Action at the Local and International Level
- Day 8 Experiencing South Africa's People and Culture**
 Team Breakout Session: ISLP Project Presentations
 Cultural Exploration: Traditional Zulu Village
 Customs and Mores of a Village
 Dialogues with Members of the Zulu Community
 Traditional Healers and Sangomas: Roles and Rituals
 Enjoy a Farewell Dinner with Fellow Scholar Laureates, Advisors, and Colleagues
- Day 9 Depart South Africa or Continue to Kruger National Park for the Cultural Extension**

Optional Cultural Extension: Kruger National Park

- Day 9 Journey into the African Bush**
 Early Morning Departure for World Renowned Kruger National Park
 Lunch En Route
 Arrive and Check In at Hotel
 Dinner Under the African Stars
- Day 10 Pride of Africa Game Drive**
 Kruger National Park: Game Drive
 Spotting the Big Five: Lions, Buffalo, Elephants, Leopards, and Rhinos
 Dinner Around the Boma
 Evening at Leisure
- Day 11 A Walk on the Wild Side**
 Morning at Leisure
 Kruger National Park
 Tales From the Bush: Insight from Kruger Game Rangers
 Afternoon Game Drive: Into the Sunset
- Day 12 Homeward Bound**
 Travel to Johannesburg O. R. Tambo International Airport