

International Scholar Laureate Program
Delegation on Medicine & Science
People's Republic of China
Sample Schedule

- Day 1** **Majesty and Marvels: Welcome to Beijing**
Inside Beijing: China's Many-Splendored Capital
Arrival in Beijing and Check in at Hotel
Welcome Session and Dinner
Program Orientation: Academic Expectations and Cultural Overview
- Day 2** **Artistic and Ancient Treasures**
Team Breakout Session: Identifying Goals and Networking with ISLP Scholars and Advisors
Keynote Speaker: Cross-Cultural Communication
 East Versus West Communication Styles
 The Role of Ancient Chinese Philosophy in Modern China
Out of the Pages of History: Monuments and Treasures from the Imperial Era
 Tian'anmen Square: Monument to Mao Zedong
 Forbidden City: Seat of Imperial Power
A Taste of Beijing: Traditional Peking Duck Dinner
- Day 3** **Medical Education in China**
Team Breakout Session: Introduction to the ISLP Project
Site Visit: Guang An Men Hospital, a Traditional Chinese Medicine (TCM) Hospital
 Application of Herbal Medicine in Modern China
 Trends and Issues
 The Current State of Medicine in China
Collaboration and Networking with University Students
 Commonalities and Differences
 Cultural Exchange
Independent Evening Exploration of Beijing
- Day 4** **Traditional Chinese Medicine**
Site Visit: Guang An Men Hospital, a Traditional Chinese Medicine (TCM) Hospital
 Principles of Reflexology and Acupuncture
 Traditional Herbal Pharmacy: How TCM Is Produced
 Traditional Chinese Medicine in Practice
Networking with Beijing Citizens: English Corner at the People's University
- Day 5** **The Great Wall: 4,500-Mile Wonder of the Ages**
Team Breakout Session: Revisiting Your Goals and Navigating Your Personal Career Path
Excursion to the Great Wall: Ancient World Wonder
 Pass Through Badaling Gate and Hike Along the Great Wall
Authentic Local Dinner in a Traditional Beijing Noodle House
- Day 6** **Welcome to Xi'an, China's Ancient Capital**
Early Morning Flight to Xi'an
Xi'an City Highlights
 Guardians of the Imperial Tomb: The Amazing 8,000-Man Terra Cotta Army
Museum of Antiquity: Arts and Artifacts of the Qin Dynasty
Evening of Independent Exploration
 Trace the Roots of the Silk Road in the Muslim Quarter
 Bicycle or Walk Along the Ancient City Wall

*This sample schedule is provided as an example of the overall quality and scope of experience offered.
Specific schedules, locations, and details may be modified.*

- Day 7 Ensuring Success: China's Medical Education System**
 Team Breakout Session: ISLP Project Guided Working Session
 Xi'an Medical University
 Medical Education: Admissions and Competition at China's Universities
 Specimen Room and Lab Exploration
 Outpatient Department Visit
 Student Discussions: The Training of Doctors in China
 Lunch with Students and Faculty
 Camaraderie Through Competition: Basketball Match with Chinese Students
- Day 8 Regional Perspectives on Chinese Medicine**
 Hu County Rural Medical Center
 Patterns of Life in a Rural Chinese Community: Urban Versus Rural Contrasts
 Leadership and Management Issues in Rural Chinese Hospitals
 Competition Between Urban and Rural Hospitals and Its Effect on Rural Patient Care
 Clinic Visit: Family Practice in a Changing Healthcare System
 Lunch and Home Visit with Local Residents
 Air Transfer to Shanghai
- Day 9 Modern Care for a Growing Nation: The Advance of Western Medicine in China**
 Shanghai Zhongshan Hospital
 Western Owned and Managed Clinics: Providing Care for Shanghai's Foreign Population
 Comparing Facilities and Treatment Options
 Western Perspectives of Practicing Medicine in China
 Shanghai's Iconic Cultural and Historic Sites
 Yu Garden and the Old Town
 Early European Settlements and the French Concession
 Intersection of Time: ERA Acrobatics Show at Shanghai Circus City
 A Combination of Traditional Chinese Acrobatic Arts and Modern Technology
- Day 10 A Day for Celebration and Reflection**
 Team Breakout Session: ISLP Project Presentations
 Modern China in a City Rich with Tradition
 Jade Buddha Temple
 The Bund and Nanjing Road
 Sky Scrapers and Modern Marvels
 Enjoy a Farewell Dinner with Fellow Scholar Laureates, Advisors, and Colleagues

- Day 11 Depart China or Fly to Hong Kong for the Cultural Extension**

Optional Cultural Extension: Hong Kong

- Day 11 Hong Kong: Asia's World City**
 Air Transfer to Hong Kong
 City Orientation and Overview
 Check in at Hotel
 Welcome Dinner of Traditional Cantonese Cuisine
- Day 12 The Pearl of the Orient**
 Morning Exploration of the Hong Kong Islands
 Funicular Railway to the Top of Victoria Peak
 Sampan Cruise Through Aberdeen Fishing Village
 Cantonese Delight: Dim Sum Lunch Aboard the Famous Jumbo Floating Restaurant
 Afternoon of Fun and Sun: Repulse Bay Beach
 Open-Top Bus Excursion and Laser Light Show at the Hong Kong Harbour
- Day 13 Exploring the Former Colony: Independent Exploration**
 Create Your Own Adventure
 Kowloon Peninsula with Neon Sign-Filled Nathan Road
 Vibrant Bazaars: Flower, Bird, and Jade Markets
 Star Ferry with Skyline Views
 Ngong Ping 360: Aerial Tramway to the Giant Buddha
 Hong Kong Harbour Bauhinia Farewell Dinner Cruise
- Day 14 Homeward Bound: Depart Hong Kong**