Day 1 Majesty and Marvels: Welcome to Beijing
Inside Beijing: China’s Many-Splendored Capital
Arrival in Beijing and Check-in at Hotel
Welcome Session and Dinner
Program Orientation: Academic Expectations and Cultural Overview

Day 2 Artistic and Ancient Treasures
Team Breakout Session: Identifying Goals and Networking with ISLP Scholars and Advisors
Keynote Speaker: Cross-Cultural Communication
- East Versus West Communication Styles
- The Role of Ancient Chinese Philosophy in Modern China
Out of the Pages of History: Monuments and Treasures of the Imperial Era
- Tian’anmen Square: Monument to Mao
- Forbidden City: Seat of Imperial Power
A Taste of Beijing: Traditional Peking Duck Dinner

Day 3 Medical Education in China
Team Breakout Session: Introduction to the ISLP Project
Site Visit: Guang An Men Hospital, a Traditional Chinese Medicine (TCM) Hospital
- Application of Herbal Medicine in Modern China
- Trends and Issues
- The Current State of Medicine in China
Collaboration and Networking with University Students
- Commonalities and Differences
- Cultural Exchange
Independent Evening Exploration of Beijing

Day 4 Traditional Chinese Medicine
Site Visit: Guang An Men Hospital, a Traditional Chinese Medicine (TCM) Hospital
- Principles of Reflexology and Acupuncture
- Traditional Herbal Pharmacy: How TCM is Produced
- Traditional Chinese Medicine in Practice
Networking with Beijing Citizens: English Corner at the People’s University

Day 5 The Great Wall: 4,500-Mile Wonder of the Ages
Team Breakout Session: Revisiting Your Goals and Navigating Your Personal Career Path
Excursion to the Great Wall: Ancient World Wonder
- Pass Through Badaling Gate and Hike Along the Great Wall
Authentic Local Dinner in a Traditional Beijing Noodle House

Day 6 Welcome to Xi’an, China’s Ancient Capital
Early Morning Flight to Xi’an
Xi’an City Highlights
- Guardians of the Imperial Tomb: The Amazing 8,000-Man Terra Cotta Army
- Museum of Antiquity: Arts and Artifacts of the Qin Dynasty
Evening of Independent Exploration
- Trace the Roots of the Silk Road in the Muslim Quarter
- Bicycle or Walk Along the Ancient City Wall

This Sample Schedule is provided as an example of the overall quality and scope of experience offered. Specific schedules, locations, and details may be modified.
Day 7  Ensuring Success: China’s Medical Education System
Team Breakout Session: ISLP Project Guided Working Session
Xi’an Jiaotong University Medical School
Medical Education: Admissions and Competition at China’s Universities
Specimen Room and Lab Exploration
Outpatient Department Visit
Student Discussions: The Training of Doctors in China
Lunch with Students and Faculty
Camaraderie Through Competition: Basketball Match with Chinese Students

Day 8  Regional Perspectives on Chinese Medicine
Hu County Rural Medical Center
Patterns of Life in a Rural Chinese Community: Urban Versus Rural Contrasts
Leadership and Management Issues in Rural Chinese Hospitals
Competition Between Urban and Rural Hospitals and Its Effect on Rural Patient Care
Clinic Visit: Family Practice in a Changing Healthcare System
Lunch and Home Visit with Local Residents
Air Transfer to Shanghai

Day 9  Modern Care for a Growing Nation: The Advance of Western Medicine in China
Shanghai Shuguang Hospital
Western Owned and Managed Clinics: Providing Care for Shanghai’s Foreign Population
Comparing Facilities and Treatment Options
Western Perspectives of Practicing Medicine in China
Shanghai’s Iconic Cultural and Historic Sites
Yu Garden and the Old Town
Early European Settlements and the French Concession
Intersection of Time: ERA Acrobatics Show at Shanghai Circus City
A Combination of Traditional Chinese Acrobatic Arts and Modern Technology

Day 10  A Day for Celebration and Reflection
Team Breakout Session: ISLP Project Presentations
Modern China in a City Rich with Tradition
Jade Buddha Temple
The Bund and Nanjing Road
Sky Scrapers and Modern Marvels
Enjoy a Farewell Dinner with Fellow Scholar Laureates, Faculty, and Colleagues

Day 11  Depart China or Fly to Hong Kong for Cultural Extension

Optional Cultural Extension: Hong Kong

Day 11  Hong Kong: Asia’s World City
Air Transfer to Hong Kong
City Orientation and Overview
Check-in at Hotel
Welcome Dinner of Traditional Cantonese Cuisine

Day 12  The Pearl of the Orient
Morning Exploration of the Hong Kong Islands
Funicular Railway to the Top of Victoria Peak
Sampan Cruise Through Aberdeen Fishing Village
Cantonese Delight: Dim Sum Lunch Aboard the Famous Jumbo Floating Restaurant
Afternoon of Fun and Sun: Repulse Bay Beach
Open-Top Bus Excursion and Laser Light Show at the Hong Kong Harbour

Day 13  Exploring the Former Colony: Independent Exploration
Create Your Own Adventure!
Kowloon Peninsula with Neon Sign-Filled Nathan Road
Vibrant Bazaars: Flower, Bird, and Jade Markets
Star Ferry with Skyline Views
Ngong Ping 360: Aerial Tramway to the Giant Buddha
Hong Kong Harbour Bauhinia Farewell Dinner Cruise

Day 14  Homeward Bound: Depart Hong Kong International Airport